

Fairfax CSA – Utilization Review

NOVEMBER 2022

What is Utilization Review (UR)

UR is a formal assessment of the necessity, efficiency, and appropriateness of the services and treatment plan for an individual.

UR asks, “is it the right service, at the right time, with the right provider?”

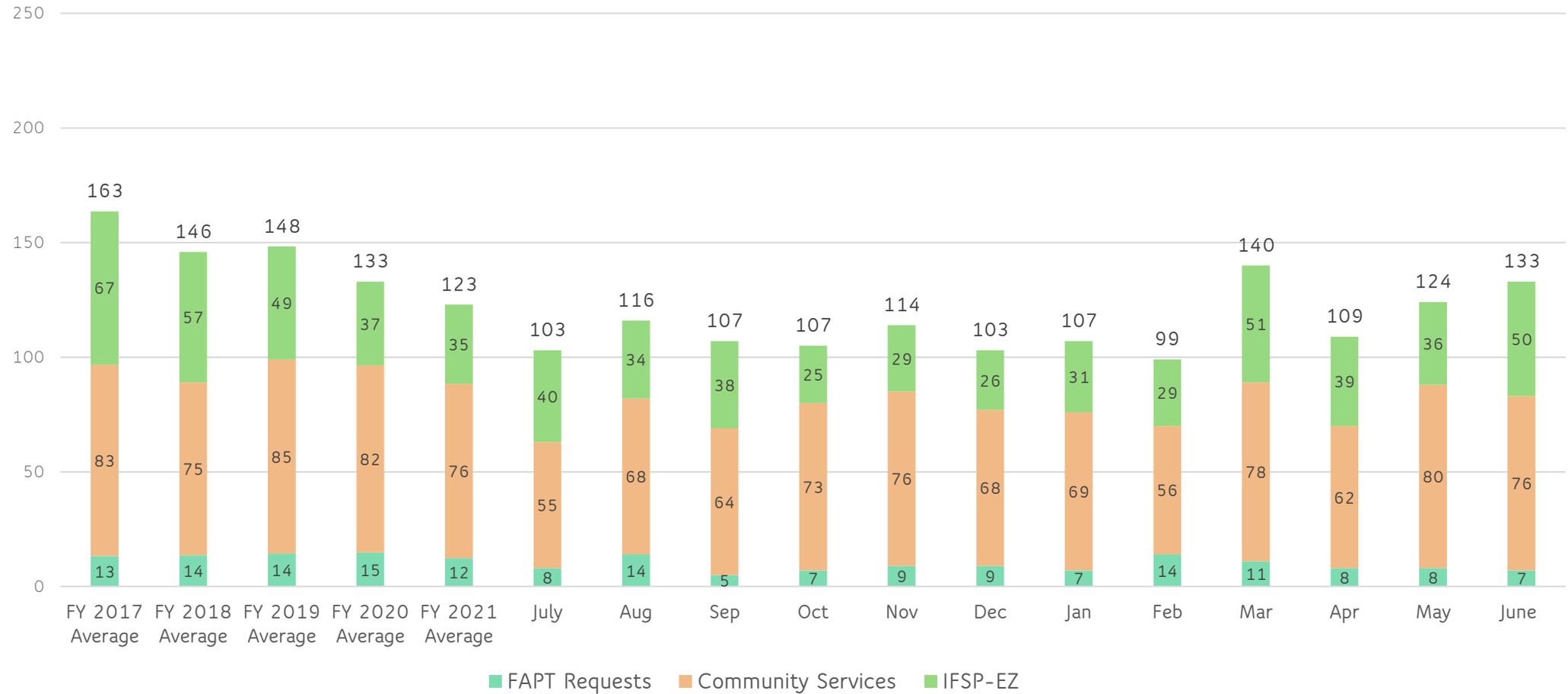
UR also provides a method for assessing the quality of services, performance improvement, and tracking of provider treatment outcomes across the CSA system.

Why UR was needed in Fairfax

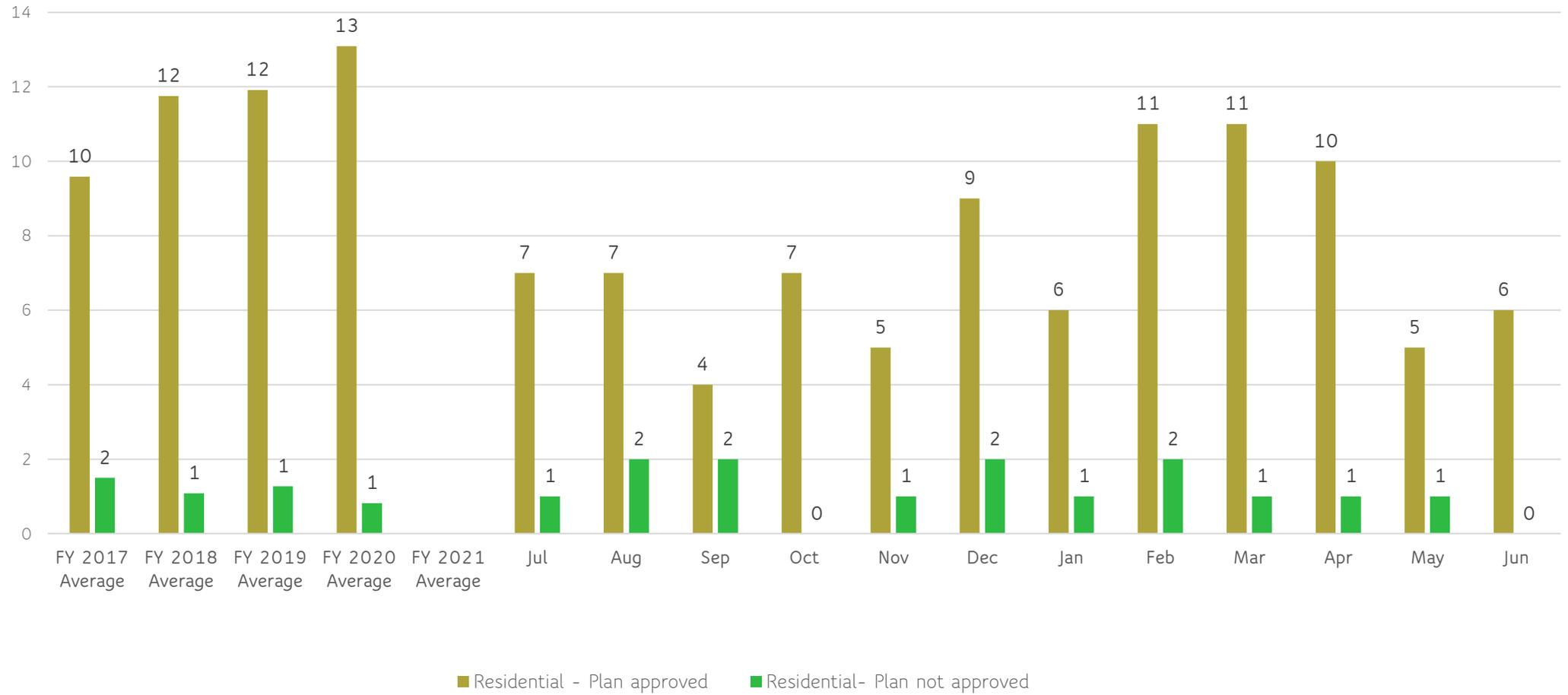


Fairfax County Data

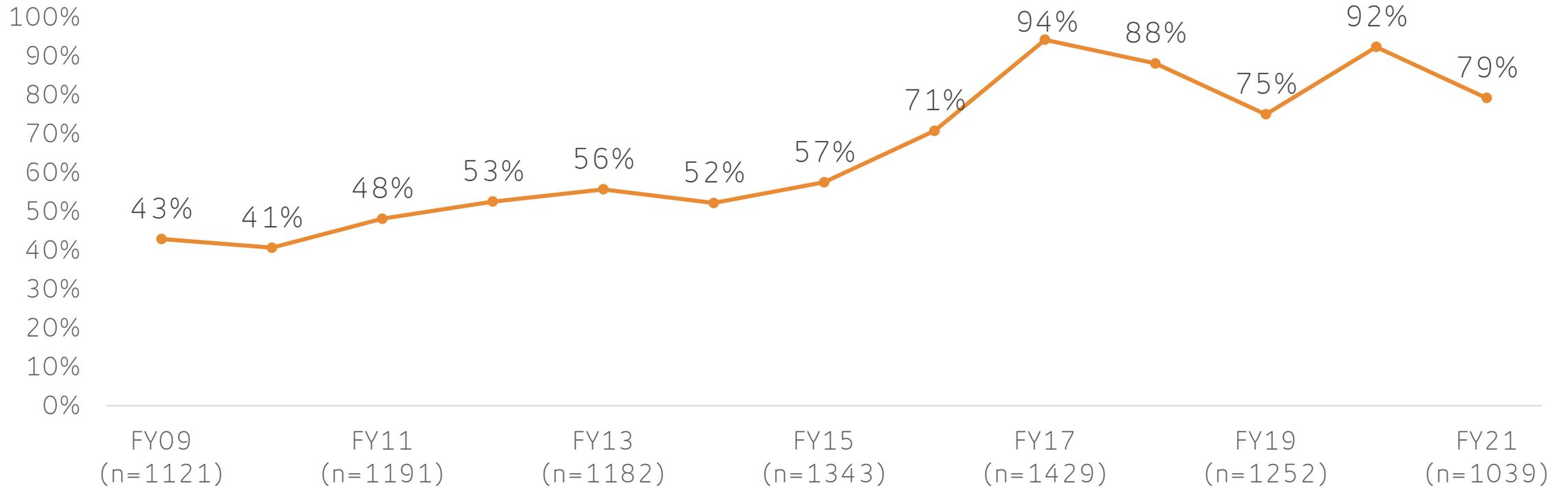
FY 2022 - CSA Service Requests



FY 2022 - Residential Services Reviews



Percentage of Youth Receiving Community-Based Services



An Increasing Proportion of Youth are Served in the Community Setting

What Does UR Do?

Overall UR Structure and Practices

Daily Work

Rotations

Reports

Consistency and Monitoring

Utilization Management

Serious Incident Review (SIR) monitoring

Quality of care and provider feedback

MHI Local funds

Data Review

Collaboration with Case Managers

Over 400 case managers

Adaptive versus Technical

Clinical versus Administrative

CANS – learning and alignment

Questions

